

RESIDENTIAL TREATMENT PROGRAM

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HOPE HAS A HOME.

TheVillage's Residential Treatment Program provides innovative treatment to adolescent girls with serious mental health and behavioral challenges, many of whom have suffered abuse or neglect. Our goal is to help them achieve long-term, positive changes in their lives. Hope for a brighter future starts with a safe place to heal.

OUR CAMPUS IN ROSEMONT, PA

Our 40-bed, Joint Commission accredited program is located on a 43-acre campus in the suburbs of Philadelphia. With a low client to staff ratio and peaceful suburban surroundings, the program optimizes every opportunity for healing on the journey to wellness.

TheVillage Residential Treatment program combines three areas of intervention: clinical treatment, school, and 24-hour staff-supervised cottage living. TheVillage's caring and experienced staff communicates closely with each other and with the child's family/guardian to facilitate a collaborative process in a healing environment.

Each girl actively participates in developing her treatment plan. This includes involvement in treatment meetings, peer interactions to nurture leadership and teamwork, and life skills opportunities to cultivate healthy leisure activities and broaden horizons. The average length of stay is about seven months, with milestones and discharge plans defined from the very beginning.

SERVING ADOLESCENT GIRLS

Our single gender focus enables us to provide specific programming that is particularly effective with adolescent girls, leading them on a path of self-discovery, self-confidence, and self-reliance. Our comprehensive approach addresses the physical, mental, and spiritual well-being of the individual, helping her to identify, appreciate, and develop her unique character and gifts.



HELPING THEM FIND THEIR WAY

TheVillage offers a structured, therapeutic activities program for after-school hours and weekends, both on-campus and in the local community.

Staff and volunteers provide a wide range of activities including sports, arts, crafts, music, life skills training, career education, and more. We encourage physical activity as part of promoting a healthy life style. The air-conditioned gym is the center of many indoor activities, and our outdoor swimming pool is very popular with residents during the summer months. TheVillage's campus is used for a wide variety of individual and group physical activities.

Through a student council, residents participate in planning activities, resolving problems that arise, and working together to make positive choices that impact life on the campus.

BLENDED SCHOOL ON-SITE EDUCATION PROGRAM

Maintaining academic goals is an important component of the program. Both in the classroom and in daily living, our educational program allows for customization based on the aptitude and needs of each girl. This facilitates the return to a public school in her home community and assists in the next step of achieving academic goals.

TheVillage is part of the Blended Schools Network, which aligns with all state standards and enables us to address a spectrum of educational levels, from remedial to advanced. In some instances, girls are able to enroll in a public school during their stay at theVillage.



EVIDENCE-BASED, TRAUMA-INFORMED CARE

- S** **SAFETY**
What do I need to feel safe?
- E** **EMOTIONAL MANAGEMENT**
How do I control my emotions?
- L** **LOSS**
How do I deal with the loss I feel?
- F** **FUTURE**
What are my goals for the future?

TheVillage, a leader in trauma-informed care, utilizes the Sanctuary Model as a framework for healing. This model focuses treatment around the concept of “SELF.”

Using the Sanctuary Model and trauma-informed interventions as a guide for all activities, girls learn coping and calming activities and focus on healthy choices and the hope for a brighter future.

The therapeutic treatment model at theVillage emphasizes methods that have been particularly effective with adolescent girls, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and Dialectical Behavioral Therapy (DBT). Art therapy, equine therapy, running, physical fitness, dance and movement therapy, and music

activities are also effective components of theVillage program.

TheVillage provides faith-based activities to residents who elect to participate in them. TheVillage Chaplain is an integral part of the treatment team and uses a nonjudgmental, ecumenical approach to assist the residents in an exploration of values, identity, and difficult questions. The Chaplain also helps residents explore and participate in their own faith traditions.

All of our psychiatrists are board-certified in child and adolescent psychiatry. Our treatment teams, including our therapists, are master’s level clinicians with experience treating adolescent girls.

theVillage: Hope in Action since 1877

The work we do here at theVillage makes a difference for individuals, families, and communities.

Founded in 1877, theVillage is committed to reaching the most vulnerable children and families in our communities and delivering assistance that lasts. Through trust, compassion, commitment, and faith, we work with children and families to focus on the future—defining their unique goals and paving the specific steps needed to achieve those goals with stability and wholeness. We are persistent in the face of major challenges, assisting our clients to overcome trauma and a spectrum of circumstances arising from poverty, mental illness, addiction, and abuse.

We are hope in action, healing in purpose, organized around evidence-based, innovative practices, in collaboration with individuals, families, and communities.

TheVillage is accredited by The Joint Commission (TJC), certified by the Sanctuary Institute, and is an active member of the Pennsylvania Council of Children, Youth and Family Services.

“At theVillage we want much more for our girls than to just survive – we want them to thrive.”

- Joanne Wolf, Vice President Programs

Call today to schedule an appointment to visit and tour our campus. Our experienced admissions staff is here to meet with you and to answer all of your questions.

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